



Kawhia Community Board

AGENDA

10 AUGUST 2018

1pm

A presentation by Dr. J Burton at 1.30pm

Members of the Kawhia Community Board

Mr. CE Jeffries (Chair)
Mrs. DM Pilkington (Deputy Mayor)
Mr. G Fletcher
Mr. AJ Rutherford
Mr. DM Walsh

Meeting Secretary: Mr. C Tutty (Governance Supervisor)

KAWHIA COMMUNITY BOARD

10 AUGUST 2018

Notice is hereby given that an Ordinary meeting of the Kawhia Community Board will be held in the Kawhia Community Hall, Jervois Street, Kawhia on Friday 10 August 2018 commencing at 1pm.

1 August 2018

DC Clibbery
CHIEF EXECUTIVE

AGENDA

ORDER OF BUSINESS:

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	PRESENT	
	IN ATTENDANCE	
	APOLOGIES	
	PUBLIC FORUM (UP TO 30 MINUTES)	
	ITEMS TO BE CONSIDERED IN GENERAL BUSINESS	
	CONFIRMATION OF MINUTES – 8 JUNE 2018	
	DECLARATION OF INTEREST	
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ITEM 99 SISTER REIDY MEMORIAL MONUMENT AND PLAQUE
TO: CHAIR & BOARD MEMBERS
KAWHIA COMMUNITY BOARD
FROM: CORRESPONDENCE INWARD
DATE: 10 AUGUST 2018

EXECUTIVE SUMMARY

Mrs. Theresa Armstrong (Kawhia RSA representative) will attend the meeting to present a request from the Te Awamutu RSA to erect a Memorial and Plaque in memory of Sister Reidy of Kawhia.

STAFF RECOMMENDATION

That the Board grant approval to the request from Mrs. T Armstrong on behalf of the Te Awamutu RSA to erect a memorial in respect of Sister Reidy to be located at the former Hospital site in Kawhia at an estimated cost of \$1000, subject to consultation with Council's Community Facilities Officer.

20 July 2018

The Chairman
Kāwhia Community Board
Kāwhia

Dear Kit,

Re Sister Reidy Memorial Monument and Plaque

Discussion has been held over recent months regarding a suitable plaque memorial for Sister Reidy who was held in high esteem by the community, the RSA and many Returned Servicemen and Women who came under her care.

As the Kawhia representative for the Te Awamutu RSA, I am seeking funding for the above memorial. It is envisaged this will be placed on council land, on the right hand side of the path leading to the Old Hospital, (this is in front of Sister Reidy's old house by the walkway). This is to be unveiled on the 03 November 2018.

It would be appreciated if the committee would consider funding \$1000 for this worthwhile community venture. The cost of the brass plaque has been quoted at \$640 from Peninsula Memorials in Thames and the balance would be used for afternoon tea and associated costs.

I look forward to a favourable response in due course.

Kind Regards



Theresa Armstrong
Kawhia RSA Rep for Te Awamutu RSA

ITEM 100 **IDEAS FOR HEALTH INITIATIVES IN KAWHIA**
TO: **CHAIR & BOARD MEMBERS**
 KAWHIA COMMUNITY BOARD
FROM: **DR. J BURTON**
DATE: **10 AUGUST 2018**

EXECUTIVE SUMMARY

Presentation by Dr. John Burton on ideas for Health Initiatives in Kawhia.

STAFF RECOMMENDATION

That the presentation and report be received.

IDEAS FOR HEALTH INITIATIVES IN KAWHIA

Thank-you for this opportunity to share some ideas. Most of these ideas are still embryonic but I'm keen to put them out there to see what response there is. For many of them to work, it will take the wider community to make them happen.

A. KAWHIA HEALTH CENTRE

We currently have six to eight **4th year medical students** each year. They come in pairs for just **2 weeks** each. The aim for their time is primarily to learn about a rural community, rather than about rural medicine. They are billeted with either Raewyn or Tui Anne for a week and swap for the second week. We try to get them involved in as much as possible that is happening in our community.

We also have three **6th (final) year medical students** each year. They come for **6 weeks** each. The aim is to give them a taste of working in a rural practice. They stay with us so that they can get an idea of what it is like to always be on call and to see how boundaries are blurred between work, family, and social life. Some have been inspired to work in rural practices (last year Dominique returned to relieve me for 6 months after I had advertised for a year that I wanted to take a sabbatical without a single response), while others have appreciated an improved understanding of their rural patients when working in hospital positions.

The NZ Medical Council has said that they want all **PGY1&2s** (1st and 2nd year postgraduates, commonly known as house surgeons) to spend **3 months** working in the community instead of doing the eight 3 month hospital attachments that they currently do. We have had PGY2s here in the past. Coming for 3 months, they get a really good idea about working in a rural community and by the time they finish they are contributing a lot to medical work here. At some stage during these 2 years they make up their minds as to what area of medicine they are going to work in, and as this is hugely influenced by things that they are enjoying doing, it is a key time to have trainees that are likely to seek vocational training in rural general practice if they have a positive experience.

We'd love to have PGY1&2s here but there are problems in getting this to happen. The first is that they are employed by Waikato Hospital who likes to use them to do the donkey work at the hospital and is reluctant to allow them to work elsewhere. It is hard for them to see that in the longer term having a number of these trainees later choosing to work in rural practices will provide better primary care and relieve the over-burdened emergency departments and wards. Currently, the expectation is that Waikato Hospital will continue to pay their salaries, but there is no funding for practices to take them or any help offered for trainees to get accommodation (they are likely to have to continue paying rent for their flats in Hamilton) or to assist practices to provide rooms for them.

Because I see huge value in having PGY1&2s working in Kawhia, I am prepared to spend time training them without getting remunerated. But this still leaves the other problems:

(1) Accommodation. Are there people in the community who are prepared to make low cost rental accommodation available, or to billet the trainees?

(2) Another consulting room. Can we add on another consulting room at the Health Centre? Should we keep the existing premises, but also use a 2nd centre with IT connections; or should we look at moving to larger premises?

Further down the track, I'd like to consider having **general practice registrars** who have committed to working in general practice. They would come for **6 months** each. Currently I do not take registrars as the number of patients seen a day is not enough for 2 doctors. But a good way to ease out of being the sole doctor here (rather than going until I drop off the perch and leaving a vacuum) could be to step back in a few years and be a rural GP consultant, leaving the registrar to see the patients on the days he/she is available and using this time to better mentor the registrar and teach trainee doctors and students as well as engage in more community-focused projects.

Having registrars and PGY1&2s working here would bring a lot more medical skills into our community. The registrars especially would be up with the latest advances in medical care. In addition to what they bring medically, there would be economic benefits for the community with them and sometimes their families purchasing goods here, as well as them bringing other skills and interests.

B. WIDER COMMUNITY

Many people live sedentary lives in Kawhia, contributing to problems such as over 50% of people aged over 45 having been diagnosed with diabetes or pre-diabetes. We need to find ways to promote healthier lifestyles. I would love to see a group of interested and committed people meeting regularly to brain-storm and develop ideas to achieve this.

Ideas they might look at could include:

(a) developing fitness trails – we saw a number of these overseas and they included trails that incorporated natural features where people could stop to do exercises, with instructions provided on accompanying signs.

(b) finding a venue where gymnastic equipment could be used – much of this could be cheap, home-made equipment such as objects filled with sand for weights. Could the Sports Club be used for this?

(c) fund-raising for equipment.

(d) promoting current initiatives such as the exercise classes that Jeanette Schollum and Sheena Lomas are leading brilliantly.

(e) surveying the community as to what activities they would like to have – e.g. walking groups, bowls, indoor bowls, badminton, novelty events, etc. Awhina Hesketh has expressed an interest in assisting such activities to get started, aided by Sport Waikato and drawing on her newly acquired skills at a gym in Te Awamutu.

(f) encouraging the development of gardening skills (such as what Davis and Leanne Apiti have been doing), and cooking classes to give people skills to prepare healthy meals.

This group could look at other health issues in our community such as:

(a) working with the Otorohanga dentists and providing financial assistance to people who cannot afford dental care.

(b) inviting motivational speakers and speakers who can share their expertise in areas that we would benefit from.

(c) finding ways to give locums, students, and trainee doctors a great Kawhia experience – some communities in Northern Ontario provided a welcome pack and organised a number of things ranging from linking students and trainees to sports teams or music groups to finding people who could involve them in special activities that could be done in their area (e.g. fishing, boating, or hunting). The students and trainees would love to get invited to people's homes or farms.

These ideas are not exhaustive.

There are others that we are considering. But hopefully they give an indication of some of the things our community could be doing to promote healthier lifestyles as well as promoting discussion, generating more ideas.

Mauri ora,

John

ITEM 101 KCB MATTERS REFERRED FROM 2 FEBRUARY 2018
TO: CHAIR & BOARD MEMBERS
KAWHIA COMMUNITY BOARD
FROM: GOVERNANCE SUPERVISOR
DATE: 10 AUGUST 2018

EXECUTIVE SUMMARY

CHAIR

8 JUNE 2018

- To approach Waipa Networks regarding obtaining a timeframe for the proposal to install an electrical charging station in Kawhia

ENGINEERING MANAGER

8 JUNE 2018

- To engage Rosemary Davison to provide specific conditions and planting for a screen hedge between the Kawhia Cemetery and Refuse Centre, Kawhia

MR. D WALSH

8 JUNE 2018

- To follow up with the Company which supplies security cameras (and presented to the Board) specifications and costings for the supply and installation of cameras within the CBD.
- To involve Mr. J Thomson of the Kawhia Museum.

LAND MANAGEMENT OFFICER

8 JUNE 2018

- To pursue the matter of maintaining the fence on Patsy Scott's leased area at the Kawhia Domain by discussing with her the remedial work required to bring the fence up to standard.

CA Tutty

GOVERNANCE SUPERVISOR

GENERAL

